

SITZ MARKER STUDY INFORMATION FOR PATIENTS

Exam Description: This is a gastrointestinal study. You will be asked to ingest two capsules with markers that show up on x-rays. Five days later you will return for an abdominal X-ray to determine how many markers remain within the GI tract. This exam looks at how fast the colon moves. *****Day Zero is the day the pills are taken. The following day is Day One***.**

What do I need to know?

- Capsules must be taken on a Wednesday, Thursday or Friday because your follow-up X-ray must be done on Day Five and Oregon Imaging's diagnostic department is closed on the weekends.
- No appointment for your X-ray is necessary. You can walk into our University District location (1200 Hilyard St. Suite #330 Eugene, OR). Directions and maps are on our website at oregonimaging.com.
- You will be asked to ingest two capsules in our office.
- You will be asked to return for an X-ray of your abdomen on Day Five, at approximately the same time of day as pills were taken.
- For example, if pills were taken at 8:00 a.m. on Wednesday, you would return at 8:00 Monday morning for an X-ray of your abdomen.
- Day Zero is the day the capsules are taken.
- No laxatives or stool softeners should be taken during the five days after swallowing the capsules, unless ordered by a physician.

Date pills were taken: _____

Date to return for X-ray: _____