



PET/CT Oncology

Name: _____

Appointment Date: _____

Check In Time: _____

Location: _____

An integrated PET/CT scan combines images from a positron emission tomography (PET) scan and a computed tomography (CT) scan that have been performed at the same time using the same machine. A CT scan provides detailed pictures of tissues and organs inside the body, while a PET scan reveals any abnormal activity. Combining these scans creates a more complete image than either test can offer alone.

The majority of PET/CT scans are performed for oncologic applications. Physicians utilize PET/CT scans for diagnosing, staging, re-staging and evaluating treatments for their patients. The scan helps distinguish between benign and malignant disorders by assessing tissues at a cellular level

If you have any questions regarding your exam, please feel free to call us:

PET/CT Scheduler: (541) 334-7555 ♦ **TF:** (888) 968-7608

Fax Orders: (541) 334-7564

Online: <https://oregonimaging.com>

Day prior to your exam	For your PET/CT exam	After your exam
 <p>If your doctor has told you to take your regular medicine, you may take it with water.</p> <p>Eat a low-carbohydrate diet the day before your exam. Foods to avoid include cereals, pasta, dry beans, sugar, candy, bread, rice, gravy, jams, jellies, honey, and starchy vegetables like peas, corn, potatoes. Foods allowed include meat, tofu, hard cheeses, eggs, unsweetened peanut butter, oil, margarine, butter, fruit (with the exception of bananas), and non-starchy vegetables like broccoli, spinach and green beans.</p>  <p>No exercise both the day before and the day of your exam.</p>	 <p>No food 6 hours prior to exam</p>  <p>Do not consume nicotine or caffeine for 4 hours prior to your exam</p>  <p>Do drink 32 ounces of water within 4 hours of exam. You may use the restroom as needed, you do not need to hold your bladder</p>  <p>Plan to be at the testing center for about 2 hours. It is important to arrive on time. If you cannot arrive on time, please call 24 hours in advance to reschedule your test.</p>  <p>A PET/CT scan is not painful but it requires patience. You will receive an injection in advance of the scan. It takes 60 to 90 minutes for the material to be distributed throughout your body. During this time you will be asked to relax comfortably in a recliner in a quiet room. You will also need to be still for the entire scan, which takes 25-45 minutes depending on what your doctor has ordered.</p>	 <p>Drink at least 1 liter (4 cups) of water during the course of the day.</p>  <p>You may eat and drink without restrictions.</p>  <p>A highly specialized radiologist will interpret your images and prepare a diagnostic report for your physician. The results of our study will be reported to your physician within 24 hours. We provide consultation and analysis of the scans and collaborate with your physician if requested. However, only your physician is authorized to report the results to you.</p>

