OREGON IMAGING CENTERS

BREAST ULTRASOUND

PREPARATION GUIDE

Everything you need to know to prepare for your exam.

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

RiverBend Pavilion
3377 RiverBend Dr., Suite 150
Springfield, OR 97477

Comments:

_____

_____

_____

WHAT TO EXPECT

A breast ultrasound uses sound waves to create images of the breast. During your exam, warm gel will be applied while a sonographer gently moves a handheld probe over the area being examined. Breast ultrasound is commonly used to evaluate an area of concern or provide additional information following a mammogram. The exam typically takes about 30-45 minutes.

BEFORE YOUR EXAM

- If you have had breast imaging performed at another facility, please arrange to have those images sent before your appointment.
- If you need assistance obtaining prior images, please contact our Breast Imaging Scheduling team at **(458) 215- 4046**

ON THE DAY OF YOUR EXAM

SKIN PRODUCTS

Do not apply deodorant, powders, lotions, perfumes, or ointments to your breasts, chest, or underarms before your exam. These products may interfere with image quality.

WHAT TO WEAR

Wear a comfortable two-piece outfit. You will be asked to remove your bra and wear a patient gown.

QUESTIONS?

If you have questiosn about your exam, contact our our Breast Imaging Scheduling team at **(458) 215 4046.**

YOUR BREAST ULTRASOUND JOURNEY

1. You will receive appointment reminder notifications beginning 4 days before your exam, including a link to our What to Expect video.
2. Arrive at your scheduled arrival time.
3. Change into a patient gown.
4. Your sonographer will perform your breast ultrasound.

QUESTIONS? WE'RE HERE TO HELP
If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134