OREGON IMAGING CENTERS

CT WITH IV CONTRAST

PREPARATION GUIDE

Everything you need to know before your exam.

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

University District

1200 Hilyard St., Suite 330
Eugene, OR 97401

Comments:

_____

_____

_____

WHAT TO EXPECT

A CT (Computed Tomography) scan uses X-rays to create detailed cross-sectional images of your body's bones, organs, blood vessels, and other tissues. Depending on your exam, you may receive oral contrast to drink and/or IV contrast during the scan. Most CT exams are completed within 10–20 minutes. Depending on the area being scanned, you may be asked to change into scrubs and remove jewelry, eyeglasses, hearing aids, removable dental work, or other metal objects. For your convenience, secure lockers are available. However, we recommend leaving jewelry and other valuables at home whenever possible.

BEFORE YOUR EXAM

FASTING REQUIREMENTS	**Nothing by mouth except water for 4 hours before your exam.**
DRINK WATER	Drink 2 cups of water before your appointment unless you have received different instructions. You may use the restroom; you do not need to hold your bladder.
LAB WORK	If your provider ordered a serum creatinine blood test, please complete it at least 48 hours before your exam.
IMPORTANT	If you are or may be pregnant, or if your last menstrual period was more than 14 days before your exam, please notify our team before your appointment. **Questions before your exam? Please contact our CT Scheduling team at (458) 215-4040.**

YOUR CT JOURNEY

1. You will receive appointment reminder notifications beginning 4 days before your exam, including a link to our What to Expect video.
2. Arrive at your scheduled arrival time.
3. If needed, you'll drink oral contrast before your scan.
4. If ordered, your technologist will administer IV contrast immediately before your scan.
5. Most CT scans take approximately 10-20 minutes.
6. Drink at least 4 cups (1 liter) of water throughout the rest of the day. You may resume your normal diet.

QUESTIONS? WE'RE HERE TO HELP

If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134