OREGON IMAGING CENTERS

CT PRE-MEDICATION PREPARATION

Everything you need to know before your exam.

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

University District

1200 Hilyard St., Suite 330
Eugene, OR 97401

Comments:

_____

_____

_____

WHAT TO EXPECT

A CT (Computed Tomography) scan uses X-rays to create detailed cross-sectional images of your body's bones, organs, blood vessels, and other tissues. Depending on your exam, you may receive oral contrast to drink and/or IV contrast during your exam. Most CT exams are completed within 10-20 minutes. Depending on the area being scanned, you may be asked to change into scrubs and remove jewelry, eyeglasses, hearing aids, removable dental work, or other metal objects.

BEFORE YOUR EXAM

LAB WORK

If your provider ordered a serum creatinine blood test, please complete it at least 48 hours before your exam.

PRE-MEDICATION TIMELINE

Take all medications exactly as directed.

Fill your prescribed pre-medication(s) at least 48 hours before your appointment.

THE DAY BEFORE YOUR EXAM

13 HOURS BEFORE → **7 HOURS** BEFORE

- **Take 50 mg Prednisone**
- **Take 50 mg Prednisone**

1 HOUR BEFORE YOUR EXAM

1 HOUR BEFORE

- **Take 50 mg Prednisone** + **Take 50 mg Benadryl**

Alternative Medrol Schedule

If your provider prescribed Medrol (methylprednisolone) instead of prednisone:

- **12 HOURS** BEFORE: **32 mg Medrol**
- **2 HOURS** BEFORE: **32 mg Medrol**
- **1 HOUR** BEFORE: **50 mg Benadryl**

FASTING REQUIREMENTS

No food 4 hours prior to exam and drink 2 cups of water unless you have another test that has dietary restrictions.

AFTER YOUR EXAM

Drink at least 1 liter (4 cups) of water during the course of the day.
You may eat and drink without restrictions.

IMPORTANT

If you are or may be pregnant, please notify our team before your appointment.
Depending on your exam, you may be asked to drink thin barium when you arrive.

Questions before your exam? Contact our CT Scheduling team at (458)215-4040.

QUESTIONS? WE'RE HERE TO HELP

If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134