OREGON IMAGING CENTERS

MRI
PREPARATION GUIDE

Everything you need to know before your exam

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

☐ **University District**
1200 Hilyard St., Suite 330
Eugene, OR 97401

☐ **RiverBend Pavilion**
3377 RiverBend Dr., Suite 150
Springfield, OR 97477

Comments:

_____

_____

_____

WHAT TO EXPECT

MRI (Magnetic Resonance Imaging) uses a powerful magnet and radio waves to create detailed images of your body's bones, organs, muscles, and other soft tissues. Some exams require IV contrast (dye) to help the radiologist evaluate certain conditions.

NOTIFY US IMMEDIATELY BEFORE YOUR EXAM IF YOU HAVE:

- **Pacemaker/Defibrillator**
- **Cochlear implant**
- **Neurostimulator**
- **Aneurysm clip**

MRI Scheduling
458-215-4050

ON THE DAY OF YOUR EXAM

PLEASE LEAVE ALL JEWELRY AND VALUABLES AT HOME

For your convenience, secure lockers are available. However, we recommend leaving jewelry and other valuables at home whenever possible.

YOU'LL CHANGE INTO SCRUBS

All patients will change into scrubs for their MRI exam.

REMOVE ALL METAL ITEMS

No metal items may be worn during your MRI exam, including:

- Jewelry
- Watches
- Body piercings
- Hair accessories
- Wallets
- Keys
- Medication devices/patches

The items listed above are examples and are not a complete list. If you are unsure whether an item contains metal, please inform our team before your exam.

FOR YOUR COMFORT

We offer internet radio for your comfort during your exam.

Earplugs are also available. Please let your technologist know if you would like a pair.

ABDOMEN MRI PREPARATION ONLY

Nothing by mouth for 4 hours before your exam, including food, beverages, gum, and hard candy.

You may take your prescription medication as normal with small sips of water.

YOUR MRI JOURNEY

You will receive appointment reminder notifications beginning 4 days prior to your scheduled exam, including a link to our What to Expect video.

Arrive at your scheduled arrival time. → Remove metal items → Change into scrubs → Relax and enjoy music

QUESTIONS? WE'RE HERE TO HELP

If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134