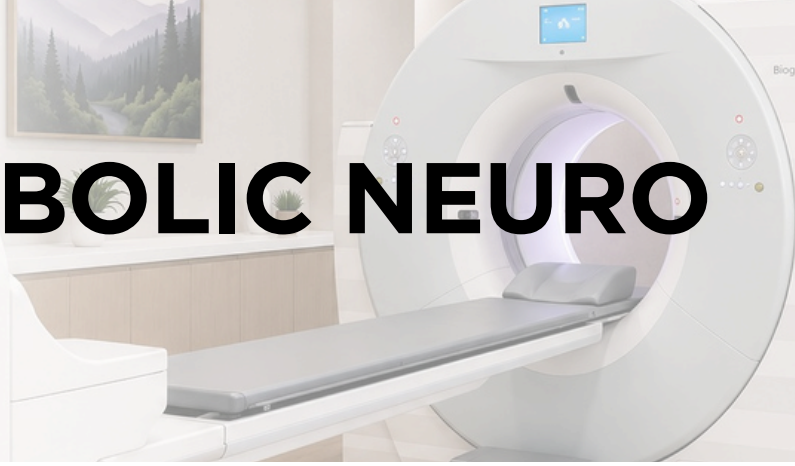
OREGON IMAGING CENTERS

PET/CT: METABOLIC NEURO

PREPARATION GUIDE

What to expect before, during, and after your exam.



APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

RiverBend Pavilion
3377 RiverBend Dr., Suite 150
Springfield, OR 97477

Comments:

_____

_____

_____

WHAT TO EXPECT

A PET/CT scan combines PET and CT imaging to create detailed images of your body's organs and tissues while identifying areas of abnormal metabolic activity.PET/CT Metabolic Neurologic imaging is used to help differentiate certain types of dementia and evaluate whether findings in the brain represent a new tumor or treatment-related changes. The exam is generally painless but does require patience.

BEFORE YOUR EXAM

MEDICATIONS

If your physician has instructed you to take your regular medications, you may take them with water.

DRINK WATER

Drink 4 cups (1 liter) of water during the 4 hours before your exam to help ensure you are well hydrated. You may use the restroom; you do not need to hold your bladder.

FASTING REQUIREMENTS

- **Nothing by mouth except water (including food, gum, and candy) for 6 hours before your exam.**
- **No nicotine or caffeine for 4 hours before your exam.**

IMPORTANT

The radiopharmaceutical used for your PET/CT scan is prepared specifically for your appointment. If you need to cancel or reschedule, please notify us at least 24 hours in advance.

Questions before your exam? Please contact our PET/CT Scheduling team at **(458) 215-4040.**

YOUR PET SCAN JOURNEY

1. You will receive appointment reminder notifications beginning 4 days before your exam, including a link to our What to Expect video.
2. Arrive at your scheduled arrival time. Plan to be at our imaging center for about 2 hours.
3. You'll receive your injection, then relax in a quiet recliner for approximately 60–90 minutes while the tracer circulates through your body.
4. Your PET/CT scan takes approximately 25–45 minutes, depending on your exam. Please remain as still as possible during imaging.
5. Continue drinking plenty of water for the rest of the day. You may resume your normal diet and activities.
6. A specialized radiologist will interpret your exam and send the report to your referring provider, typically within 24 hours.

QUESTIONS? WE'RE HERE TO HELP

If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134