OREGON IMAGING CENTERS

PRP FREQUENTLY ASKED QUESTIONS

Answers to common questions about Platelet Rich Plasma (PRP) therapy.

Platelet Rich Plasma Therapy is a relatively simple process in which the body's potent healing factors are concentrated from a sample of blood and re-injected into a damaged or injured area (i.e. knee joint). This is a procedure that can be easily performed at our imaging center and takes approximately one hour total time.

1 How does it work?

Platelets possess a treasure trove of healing factors which work to reduce pain and inflammation, and more importantly promotes the body's natural ability to heal, improving function.

2 How does Oregon Imaging Centers differ from other sites offering PRP injections?

Oregon Imaging Centers has world-class specialty-trained musculoskeletal radiologists who are dedicated to a culture of professional excellence, uncompromising technical proficiency and compassionate care. They are committed to providing ground and fluoroscopic imaging to assure safe and accurate PRP delivery for optimal effectiveness and outcomes.

3 Who is a good candidate?

PRP therapy can be effective in treating multiple ailments including fascial, tendon and ligament injuries. PRP has also been proven to be a highly effective therapy for osteartritis. We do not perform PRP spine injections at Oregon Imaging Centers.

4 How do I schedule a PRP at Oregon Imaging Centers?

You can contact us at **(458) 215-4078** and we will help coordinate your care.

5 Will insurance cover it?

Insurance companies do not cover PRP treatments within the United States at this time.

6 How effective is the PRP Injection?

PRP has been shown to be more effective than other conservative methods, including steroid injections. Some people may notice significant pain reduction with a single injection; others may benefit more from a series of injections. Just like other conservative methods, there is a significant possibility of adverse reactions and preventive significant improvement. The radiologist can discuss this with you during your appointment.

7 Are the injections painful? Will I have swelling or pain after my injection?

Levels of discomfort can vary depending on the site being injected. An intra-articular injection will yield minimal to no initial adverse. Some patients may experience pain as a result of the procedure, which can cause a greater degree of initial discomfort. PRP injections trigger your healing response, which starts with an inflammation. The degree of a patient's initial inflammatory response can vary, but may present as swelling, neshness or pain. Although this procedure only lasts a few days.

8 Can I use ice on the area after the injection?

You may ice the site, it will not cause harm.

9 When will I able to exercise after the injections?

This will vary depending on your personal fitness level and response to the injection. You should not exercise until the inflammatory response is complete. Some patients may receive a form of physical therapy in relation with some PRP PRP injections, specifically intra-tendinous injections, may be beneficial. You can discuss the possibility of an allergic reaction to the vaccine while the physician if interested. Although you're exercise level may be limited initially, you should be able to return to your daily activities the same day.