OREGON IMAGING CENTERS

DEXA SCAN

Appointment Guide

Everything you need before your appointment.

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

University District
1200 Hilyard St., Suite 330
Eugene, OR 97401

Comments:

_____

_____

_____

BEFORE YOUR APPOINTMENT:

NO CALCIUM SUPPLEMENTS

Avoid calcium supplements for 24 hours before your exam. This includes:

. Multivitamins containing calcium
. Tums®
. Rolaids®
. Vitamin D combined with calcium

Dietary calcium (such as milk, cheese, and yogurt) is okay.

BRING MEDICATION LIST

Please bring a list of your current medications and supplements, including the dose of each.

WHAT TO WEAR

Wear comfortable clothing without metal, such as zippers, snaps, buttons, or underwire bras. If needed, we'll provide scrubs for your exam.

CHILDREN

Children under 12 may not accompany patients into the exam room and must remain in the lobby with a supervising adult during your exam. Oregon Imaging Centers staff are unable to supervise or assume responsibility for children at any time.

CONTRAST

Avoid oral or IV contrast from CT, MRI, or Contrast Enhanced Mammography (CEM) for 5 days before your DEXA scan.

HOW TO FIND US

We are located on the 3rd floor of the PeaceHealth Medical Group building.

Parking is available on any level. For the shortest walk, park on the **third-floor (top level)** and enter the building directly. If you park on another level, take the elevator to the **third floor**.

After entering the building, Oregon Imaging Centers is the first suite on the right, just past the elevators.

If you have questions about your exam, contact our DEXA Scheduling Team at **(458) 215-4046**

QUESTIONS? WE'RE HERE TO HELP
If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134