OREGON IMAGING CENTERS

Breast MRI
PREPARATION GUIDE

Everything you need to know before your exam

APPOINTMENT INFORMATION

Appointment Date:_____

Arrival Time:_____

Location:

RiverBend Pavilion
3377 RiverBend Dr., Suite 150
Springfield, OR 97477

Comments:

_____

_____

_____

WHAT TO EXPECT

Breast MRI uses a powerful magnet and radio waves to create detailed images of your breast tissue. During your exam, you'll lie face down on a specially designed table with your breasts positioned in a breast coil and your arms extended above your head. You'll need to remain still in this position for approximately 15–20 minutes to ensure clear images. IV contrast is typically used to help the radiologist evaluate your breast tissue.

CONTACT US BEFORE YOUR EXAM IF YOU HAVE:

- **Pacemaker/Defibrillator**
- **Cochlear implant**
- **Neurostimulator**
- **Aneurysm clip**

MRI Scheduling
458-215-4050

ON THE DAY OF YOUR EXAM

PLEASE LEAVE ALL JEWELRY AND VALUABLES AT HOME

For your convenience, secure lockers are available. However, we recommend leaving jewelry and other valuables at home whenever possible.

YOU'LL CHANGE INTO OIC-PROVIDED SCRUBS

All patients will change into scrubs for their MRI exam.

REMOVE ALL METAL ITEMS

No metal items may be worn during your MRI exam, including:

- Jewelry
- Watches
- Body piercings
- Hair accessories
- Wallets
- Keys
- Medication devices/patches

The items listed above are examples and are not a complete list. If you are unsure whether an item contains metal, please inform our team before your exam.

FOR YOUR COMFORT

We offer internet radio for your comfort during your exam.

Earplugs are also available. Please let your technologist know if you would like a pair.

HOW YOU'LL BE POSITIONED

YOUR BREAST MRI JOURNEY

- You will receive appointment reminder notifications beginning 4 days prior to your scheduled exam, including a link to our What to Expect video.
- Arrive at your scheduled arrival time.
- Remove all metal items and any medical or hormone patches before your exam. You will be provided with OIC-approved scrubs to change into.
- An IV will be placed before your exam. Contrast will be administered through your IV during the scan to help provide detailed images of your breast tissue.
- You'll lie face down with your arms above your head for approximately 15–20 minutes. Remain as still as possible while your images are taken. Music is available for your comfort.

QUESTIONS? WE'RE HERE TO HELP

If you have any questions regarding your exam, please feel free to call us.

General Scheduling: (541) 334-7555
Main Line: (541) 687-7134